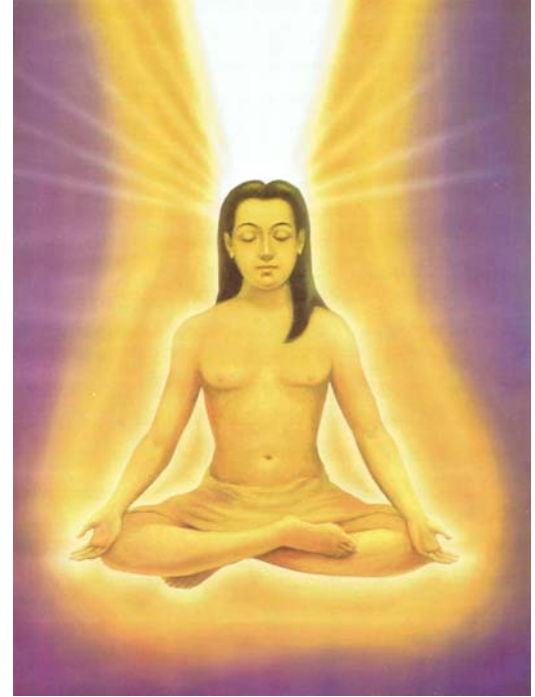




# MCKS ARHATIC YOGA LEVEL 1 & 2



The practice of Arhatic Yoga Level 1 and 2 will properly activate and connect your chakras thereby highly increasing the flow of Kundalini and Spiritual energy passing through your system.

Our chakras have inherent functions:

- **Crown:** intuition, spiritual connection
- **Ajna:** willpower, abstract thinking faculties
- **Throat:** creativity and detailed thinking
- **Heart:** compassion and sensitivity to subtle energies
- **Solar Plexus:** competitiveness and courage
- **Navel:** instincts and storehouse of energy
- **Sex:** charisma, creativity
- **Basic:** dynamic activity and physical power

By activating these chakras all the inherent spiritual and psychological functions are greatly magnified. The size of the chakras will increase tremendously, which will amplify your ability to heal and do service. Arhatic Yoga Level 1 and 2 is a technology to accelerate your spiritual evolution. This is why a strong foundation is critical in order to apply for this Level. Please note that submitting an application does not constitute an approval.

## Understanding Meditation

Master Choa Kok Sui learned from His Great Teacher this very powerful meditation to increase the sharpness of his mind. This method develops the ability to understand any matter quickly and very deeply. This meditation is a part of the Arhatic Yoga Level 1 and 2 practice which will permanently develop one's intelligence.

## Concretizing Meditation

In order to manifest our personal, business and spiritual plans it is necessary to have a proven path to materialize them. Master Choa Kok Sui's concretizing meditation is a complete way to convert ideas or projects into reality. This method is like a Masters in Business Administration, synthesized in such a way that anyone can use it effectively. By correctly utilizing it, you can rapidly realize great plans and overcome obstacles before they occur. This is one of methods used by Master Choa Kok Sui to spread Pranic Healing globally in less than 20 years. In Arhatic Yoga Level 1 and 2 the use of this meditation empowers you to concretize your plans. It develops one's creative intelligence.

Facilitated by:



Master  
Nona Castro



Master  
Glenn Mendoza



Master  
Marilag Mendoza

Workshop date and time: **Monday, April 28, 2008 8:00 am – 7:00 pm**

Venue: **MCKS Arhatic Yoga Meditation Center**  
4829 County Rt. 6, Bovina Center, NY 13740

Course Fee:	Register <b>by Apr 15</b>	At the Door
Level 1 and 2 New	<b>\$ 810.00 (save \$90)</b>	\$ 900.00
Level 1 and 2 Review	<b>\$ 210.00 (save \$60)</b>	\$ 270.00
Level 1 and 2 and Kriyashakti New	<b>\$ 1,425.00 (save \$250)</b>	\$ 1,675.00
Level 1 and 2 - Kriyashakti - Higher Clairvoyance New	<b>\$ 1,740.00 (save \$435)</b>	\$ 2,175.00